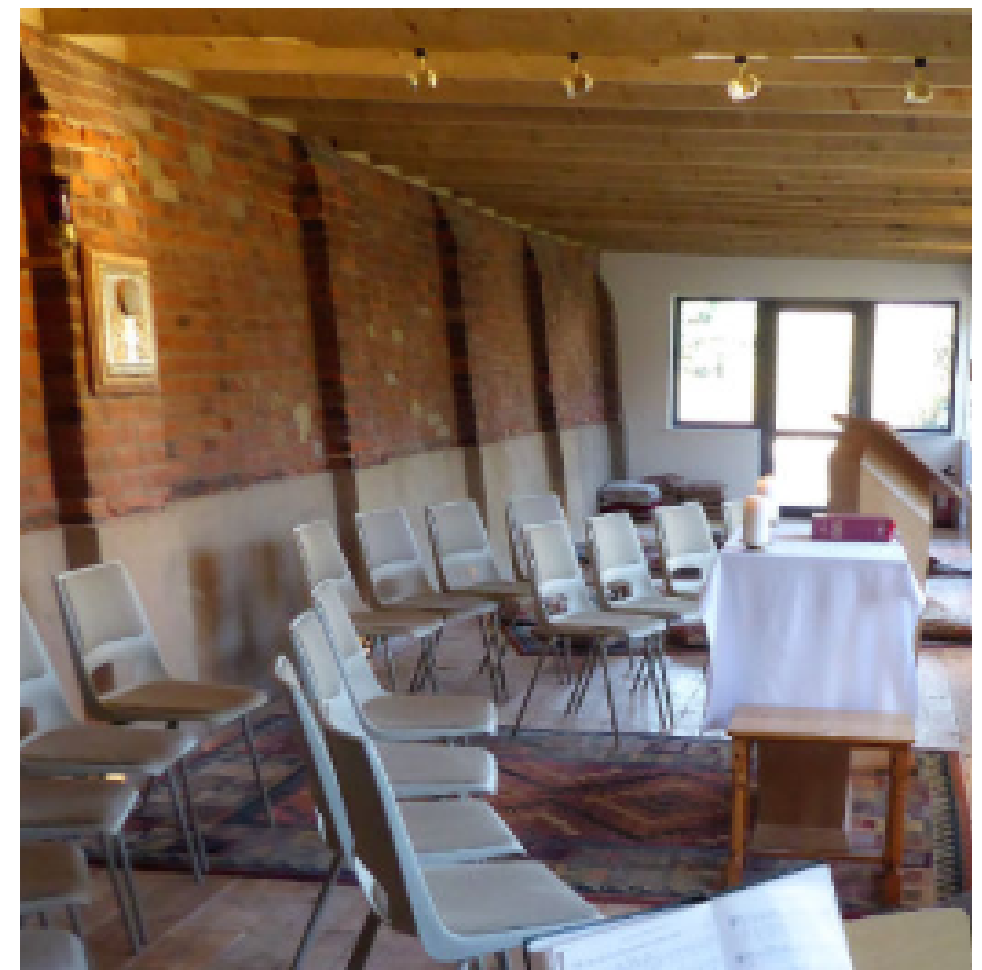
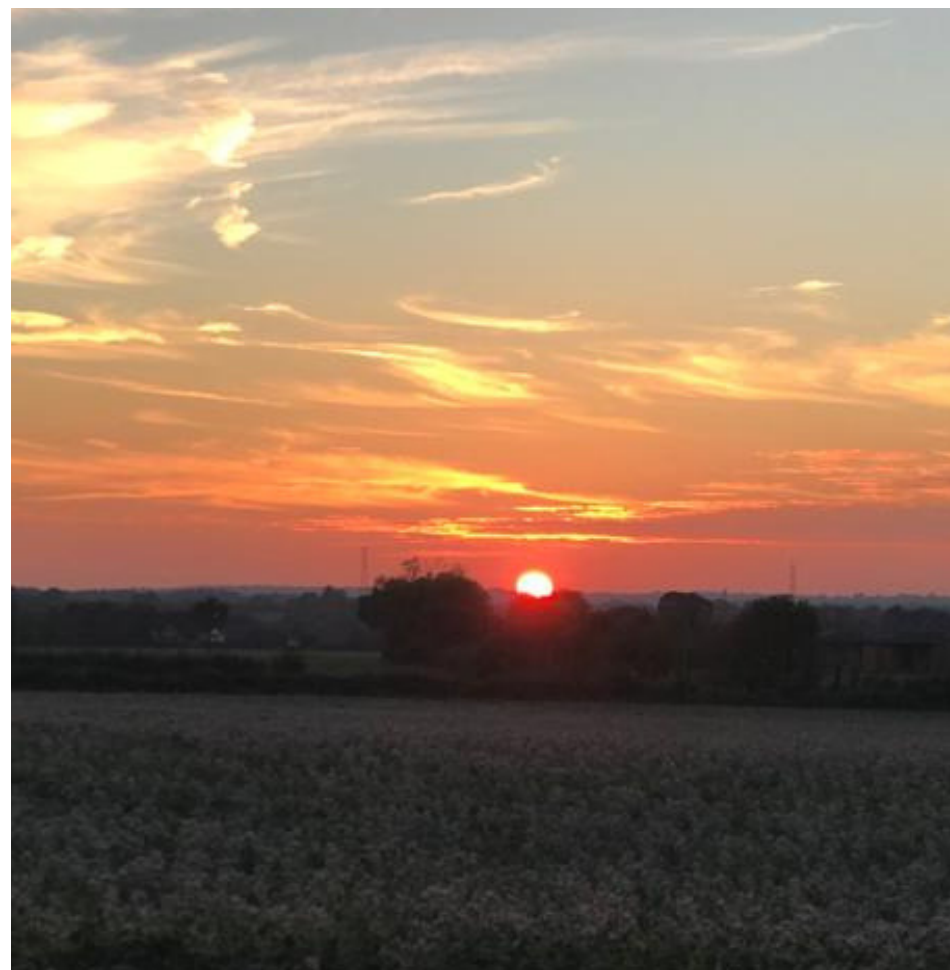




REST & REFLECT

# ADULT RETREATS

Time to relax & **be still in the presence of the Lord** in the beautiful & peaceful chapel & grounds at Abbotswick.



**Friday 9th - Monday 12th August, 2019 |**

**Friday 23rd August - Monday 26th August, 2019**

Prayer, Mass, Adoration, Reconciliation including all meals & accommodation from £200.

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