

Catholic Social Teaching

BIG QUESTION: What is the Great Commandment?

The "Great Commandment" is to put God first and to love your brother and sister as yourself and to act as if what happens to them also happens to you.



"Teacher, which commandment in the law is the greatest." He said to him, 'You shall love the Lord your God with all your heart, and with all your souls, and with all your mind.' This is the greatest and first commandment. And a second is like it: 'You shall love your neighbour as yourself.' On these two commandments hang all the law and the prophets." (Matthew 22:36-40)

Task: Why do you think this is the Greatest Commandment of all?

Key Vocabulary

commandment

peace

community

footprints



<u>Task</u>: Read the Footprints prayer on this page.

What are your thoughts and feelings about what it says? Is it true for you?

The Footprints Prayer

One night I had a dream... I dreamed I was walking along the beach with the Lord, and Across the sky flashed scenes from my life. For each scene I noticed two sets of footprints in the sand; One belonged to me, and the other to the Lord. When the last scene of my life flashed before us, I looked back at the footprints in the sand. I noticed that many times along the path of my life, There was only one set of footprints.

I also noticed that it happened at the very lowest and saddest times in my life. This really bothered me, and I questioned the Lord about it. "Lord, you said that once I decided to follow you,

You would walk with me all the way; But I have noticed that during the most troublesome times in my life, There is only one set of footprints. I don't understand why in times when I needed you the most, you should leave me.

The Lord replied, "My precious, precious child. I love you, and I would never, never leave you during your times of trial and suffering.

When you saw only one set of footprints, It was then that I carried you.



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BIG QUESTION: How can we walk together as people of peace?

Focus: We walk together as a people of peace

If we are truly friends of Jesus, we will treat everyone with respect. To walk beside someone is to be connected with them. To share their path or their journey. We don't actually have to leave the house to walk with someone, we can "walk together" by listening and understanding, by thinking of someone else and by praying for them. "Stay with us Lord on our journey" is a daily prayer we can say reminding us that Jesus is walking with us every day on our journey of faith.

The desire to walk together is often a theme in music, art and literature.

Task: Why do you think that "walking together" is used as a theme? What do you think "Walk a mile in someone's shoes means?" How many examples can you find of walking together in Scripture and in music, art and literature. Make a list of them.

Music Task

Research both hymns and pop music to find as many examples as you can of songs about walking in

peace



Art Task: Can you make an artwork about walking in peace? You can use pebbles, shells, or junk materials to illustrate your ideas.

<u>Creative Writing Task:</u> Compose your own poem, song or rap about walking in peace.

PE Task: Say a silent prayer for someone you care for whilst you are out walking. How far can you go whilst saying a decade of the Rosary?



