

Looking Forward



4th Sunday of Lent
21st March 2021
As the Gospel of John tells us :
“We would like to see Jesus.”

Looking forward to Easter ~ In the Year of St Joseph ~

This week we celebrate the feast of the
Annunciation
when Mary set aside her plans, opened herself to God’s will and opened herself to a drastic change in her life.
How will you open your heart to do God’s will?



“He is in you, he is with you and he never abandons you.”



Our Lady of the Visitation,
you who left in haste
towards the mountain to meet Elizabeth,
lead us also to meet all those who await us
to deliver them the living Gospel:
Jesus Christ, your Son and our Lord!
We will go in a hurry, with no distraction or delay,
but with readiness and joy.
We will go peacefully,
because those who take Christ take peace,
and well-doing is the best wellbeing.

On the **Feast of the Annunciation**, we celebrate the day that the Angel Gabriel visited the Virgin Mary announcing that she was going to be the mother of Jesus. Even though Mary did not understand completely, she trusted God’s plan for her life, and she said yes to becoming the mother of God.

This event is celebrated through the three important liturgical texts, the Ave Maria, the Angelus, and the Magnificat.

The angel’s greeting to Mary, which is traditionally translated as "Hail Mary, full of grace, the Lord is with thee," is the opening of the Ave Maria, and a part of the Rosary prayers.

The Angelus consists of three Ave Marias, together with some additional material. It is said three times a day in the Roman Catholic Church.

The Magnificat (Luke 1:46-55) is the poem with which Mary responds to the Annunciation and celebrates the power of God.

