Looking Forward



A Year of Good News ~ The Year of St Joseph ~

2021, the Year of St Joseph. A way forward. An opportunity to appreciate the Good News. What are you going to do this year in order to

Listen to the teaching of Christ?

1st February 2021: 4th Sunday of the Year. In the Gospel of Mark, the people said: "Here is a teaching that is new and with authority behind it!"



Jesus went to the village of Capernaum, a small village on the Sea of Galilee. Jesus taught in the synagogue on the Sabbath. The people responded to Jesus' teaching with astonishment, noting Jesus' authority and contrasting it with the scribes'.

+ A new teaching, a new commandment +



Brigid you were a woman of peace. You brought harmony where there was conflict. You brought light to the darkness. You brought hope to the downcast. May the mantle of your peace cover those who are

May the mantle of your peace cover those who are troubled and anxious, and may peace be firmly rooted in our hearts and in our world.

Inspire us to act justly and to reverence all God has made.

Brigid you were a voice for the wounded and the weary.

Strengthen what is weak within us. Calm us into a quietness that heals and listens.

May we grow each day into greater wholeness in mind, body and spirit. Amen. **Brigid of Ireland**, or **of Kildare**, has been venerated since the early Middle Ages, along with Patrick and Columba, as one of the three national patron saints of Ireland.

By the end of the seventh century, at least two Latin biographies had been written describing her as a nobleman's daughter who chose to consecrate herself to God who took the veil as a Christian nun, and became the leader of a community of religious women—or perhaps of both women and men. Certainly by the 7th century there was an important double monastery at Kildare that regarded her as its founder. There were many miracles associated with her. Her feast day is 1st February.



