

# LECTIO DIVINA



Monday 14<sup>th</sup> June 2021

**Brentwood Diocese Education Service**

“Supporting Catholic schools to provide excellent education where pupils flourish, and Christ is made known to all”



# The Sign of the Cross



“Supporting Catholic schools to provide excellent education where pupils flourish, and Christ is made known to all”

**BDES**



# Opening Prayer

Lord,  
in your presence, let us prepare our hearts for this moment of prayer. Send your Holy Spirit to enlighten us and open our minds and hearts to everything You want to tell us today.

Thank you Lord,  
for nourishing us with your Word.”

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# Silent Reflection

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On that day, as evening drew on, Jesus said to his disciples: “Let us cross to the other side.”

Leaving the crowd, they took Jesus with them in the boat just as he was. And other boats were with him.

A violent squall came up and waves were breaking over the boat, so that it was already filling up.

Jesus was in the stern, asleep on a cushion. They woke him and said to him, “Teacher, do you not care that we are perishing?”



# • LECTIO •

He woke up, rebuked the wind, and said to the sea, “Quiet! Be still!”  
The wind ceased and there was great calm.

Then he asked them, “Why are you terrified? Do you not yet have faith?”

They were filled with great awe and said to one another, “Who then is this whom even wind and sea obey?”

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## REFLECTION

What God is saying to you?  
Feel free to share 'echoes' of the text,  
a phrase that strikes you.  
If you wish, please say why.

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pupils flourish, and Christ is made known to all"

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# • ORATIO •

## PRAYER

What would you like to say to God?

.....

Lord in your mercy ...

R / Hear our prayer

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# • CONTEMPLATIO •

LET US  
REST IN GOD  
IN SILENCE

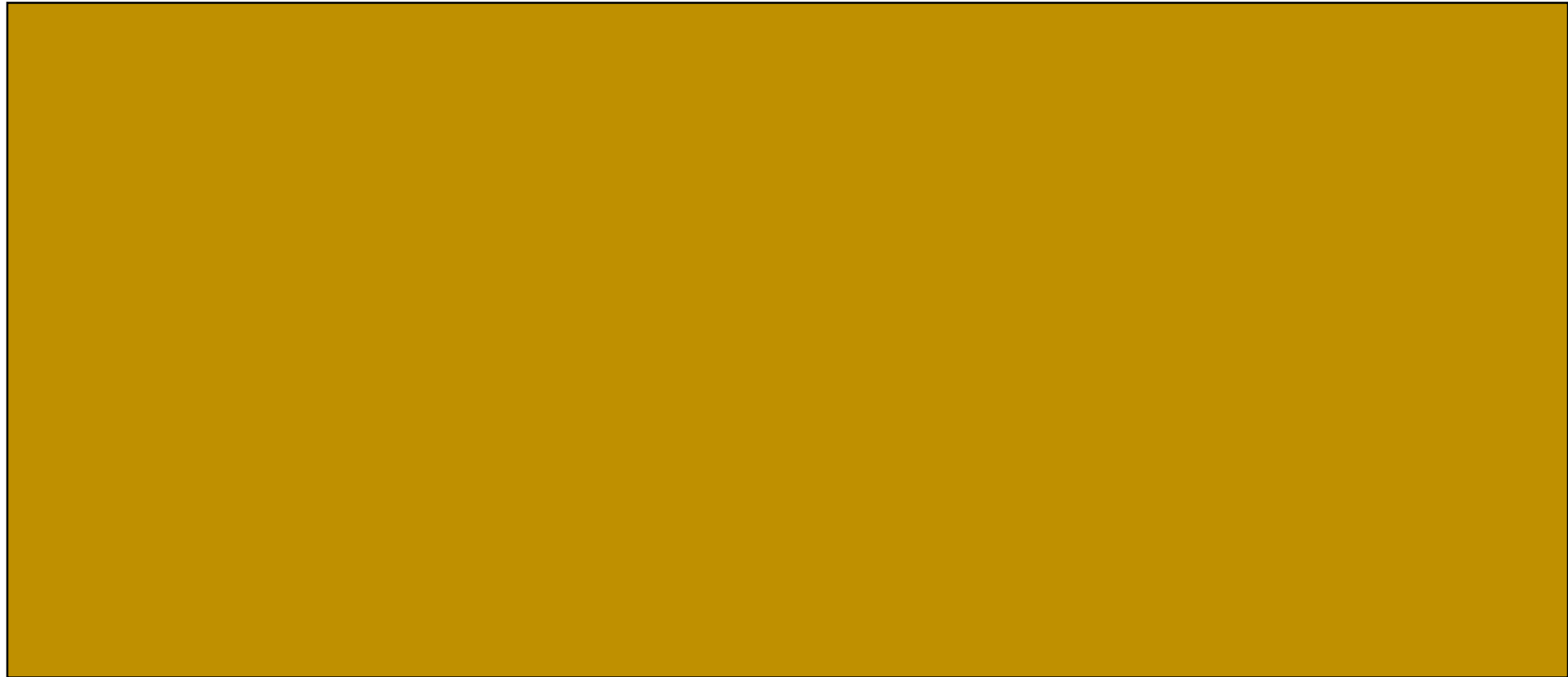
May the Holy Spirit  
deepen our awareness of the Word

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# The Lord's Prayer



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# • ACTIO •



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