

# LECTIO DIVINA



**Brentwood Diocese Education Service**

“Supporting Catholic schools to provide excellent education where pupils flourish, and Christ is made known to all”



# The Sign of the Cross



“Supporting Catholic schools to provide excellent education where pupils flourish, and Christ is made known to all”

**BDES**



# Opening Prayer

## **Saint Augustine's Prayer to the Holy Spirit**

Breathe in me, O Holy Spirit, that my thoughts may all be holy.

Act in me, O Holy Spirit, that my work, too, may be holy.

Draw my heart, O Holy Spirit, that I love but what is holy.

Strengthen me, O Holy Spirit, to defend all that is holy.

Guard me, then, O Holy Spirit, that I always may be holy.

**Amen**

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# Silent Reflection

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# • LECTIO •

The apostles gathered together with Jesus and reported all they had done and taught.

He said to them, “Come away by yourselves to a deserted place and rest a while.” People were coming and going in great numbers, and they had no opportunity even to eat.

So they went off in the boat by themselves to a deserted place.

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People saw them leaving and many came to know about it. They hastened there on foot from all the towns and arrived at the place before them.

When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things.

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# • MEDITATIO •

## REFLECTION

What God is saying to you?  
Feel free to share 'echoes' of the text,  
a phrase that strikes you.  
If you wish, please say why.

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# • ORATIO •

## PRAYER

What would you like to say to God?

.....

Lord in your mercy ...

R / Hear our prayer

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# • ORATIO •

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# • CONTEMPLATIO •

LET US  
REST IN GOD  
IN SILENCE

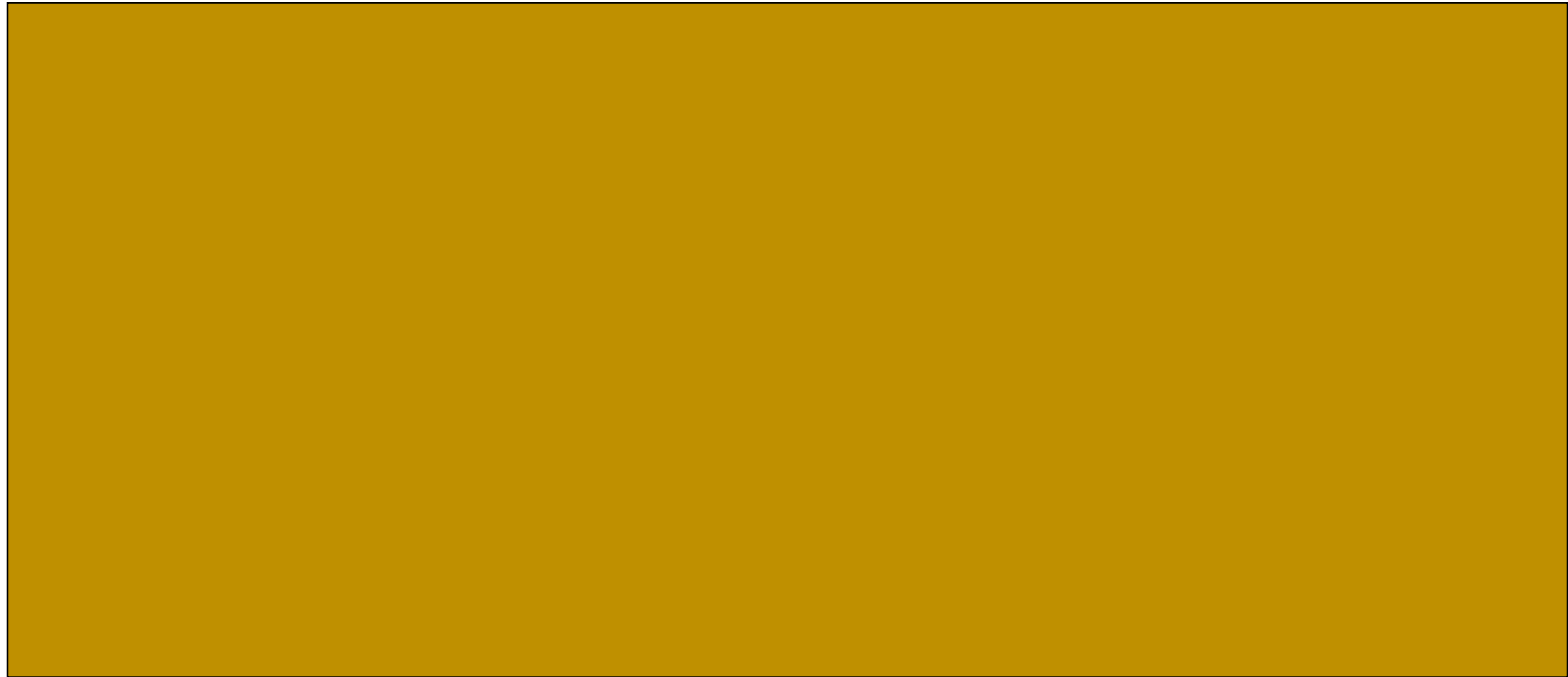
May the Holy Spirit  
deepen our awareness of the Word

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# • CONTEMPLATIO •



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# The Lord's Prayer



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# • ACTIO •



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# • ACTIO •

Christ has no  
body now but  
yours.  
Yours are  
the eyes  
with which  
He looks  
with  
compassion  
on the world.



Yours are  
the feet  
with which  
He walks  
to do good.  
Yours are  
the hands  
with which  
He blesses  
His people.

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# • ACTIO •

Christ has no  
body now but  
yours.  
Yours are  
the eyes  
with which  
He looks  
with  
compassion  
on the world.



Will you  
help  
shepherd  
my people  
?

Yours are  
the feet  
with which  
He walks  
to do good.  
Yours are  
the hands  
with which  
He blesses  
His people.

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pupils flourish, and Christ is made known to all”

**BDES**

