

Looking Forward



6th February 2022 :
5th Sunday
in Ordinary Time

In the Gospel of Luke,
Jesus says :
“Do not be afraid.”



New Year, Good News



~ In the Year of the Family ~



Sometimes life is a challenge.
Sometimes it's difficult
to motivate oneself.
Sometimes it's difficult
to have faith
in a positive outcome.

In the Gospel on Sunday, Jesus tells his followers to
“Launch out into the deep.”

Do something. Dare something.

Shake off the doubts and the worry.

Ask for help. Accept help. Help others.

You're not alone.

As Jesus says :

DO NOT BE AFRAID.

† † † † † “WE ARE BORN TO ETERNAL LIFE.” † † † † †

SAINTS AND SCHOOLS # 13

Our Lady of Lourdes is the Principal Patroness of the Diocese of Brentwood. We celebrate the feast day this Friday, 11th February. There are two diocesan schools named in her honour, one in Leigh-on-Sea and one in Wanstead.

Every summer, there is a diocesan pilgrimage to Lourdes, which incorporates the Youth Pilgrimage. Sadly, in 2020 and in 2021 there was no pilgrimage due to Covid 19. Will 2022 be your year?



Feast of Saint Scholastica : 10th February

St Scholastica (c. 480–543) was the sister of St Benedict and is regarded as the founder of Benedictine nuns. She established a hermitage near Monte Cassino, where she lived with a small number of companions, effectively the first convent. She is often represented in art in a

Benedictine habit and carrying the crozier of an abbess. Sometimes she is shown holding the Rule of St Benedict, sometimes with a dove – upon her death, it is said that St Benedict saw his sister's soul ascending to heaven in the form of a white dove.



“Let your eyes remain bright,
even amid the darkness.”

(Pope Francis, Youth Sunday 2021)



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