

Looking Forward



1st May 2022

3rd Sunday of Easter

In the Gospel of John,
Peter says :

“Lord, you know
that I love you.”



We are an Easter People



~ In the Year of the Family ~



In the Magnificat, Mary proclaims
the greatness of the Lord.

St Joseph is often asked
to guide the steps that fail.

How are you following Mary
in rejoicing in God’s saving mercy?

How are you asking for help
when you need it?

How are you looking forward in prayer?

✠ ✠ ✠ ✠ My soul proclaims the greatness of the Lord ✠ ✠ ✠ ✠

SAINTS AND SCHOOLS # 22



St Philomena was a young woman from Roman times whose remains were found in the catacombs in 1802. It was suggested that she had been martyred during the reign of Diocletian in the 3rd century AD. She was the patron saint of babies, infants and youth.

Her name was a very popular one as it is taken to mean ‘beloved’.

St Philomena’s School in Frinton-on-Sea is named after her.

“You have not lost the ability
to dream.”

(Pope Francis, Youth Sunday 2021)



National Feast of English Martyrs : 4th May

The Forty Martyrs of England and Wales are a group of lay people and religious, men and women, executed between 1535 and 1679 for treason and related offences under various laws enacted by Parliament. Many were sentenced to death without trial. They were canonised in 1970 by Pope Paul VI and their feast day was 25th October. They are now celebrated with all the 284 canonised or beatified martyrs of the English reformation on 4th May.



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