

Looking Forward



We are an Easter People



~ In the Year of the Family ~



15th May 2022
5th Sunday of Easter

The Gospel of John says :
“Love one another, as I have loved you.”

Pope Francis points out that we should not be dazzled by all the fashions of the world, but should follow Jesus.

In this week’s Gospel, Jesus tells us to

“Love one another
as I have loved you.”

What does this mean for you?

How are you putting this into practice
in your life?

✠ ✠ ✠ ✠ He has shown the strength of His arm. ✠ ✠ ✠ ✠

SAINTS AND SCHOOLS # 24



St Alban is the first recorded Christian martyr in Britain. He is traditionally believed to have been beheaded in the Roman city of Verulamium (now St Albans) after sheltering a priest from persecution.

He is a patron saint of refugees.

Two of our diocesan schools are named after him, in Harlow and Hornchurch.

Feast of St Bernadine of Siena : 20th May

Bernardine came to Siena to study as a young man but threw himself into prayer and fasting to discover what God wanted him to do. He had worked with the sick but in 1403 he joined the Franciscans who were known as missionary preachers. Bernardine did very little preaching because his voice was weak and hoarse. After twelve years in the background he went to Milan on a mission. Suddenly, when he got up to preach his voice was strong and commanding and his words so convincing that the crowd would not let him leave unless he promised to come back. Pope Pius II called him a second Paul.



“By following Jesus ... we are not deceived by the fashions of the moment and the displays of consumerism that dazzle but also deaden.” (Pope Francis, Youth Sunday 2021)

