



Mental Health & Well Being Conference

Wednesday 23rd November 2022 9:30am - 3:00pm

Venue: The County Hotel, 29 Rainsford Rd, Chelmsford, CM1 2PZ
(Parking is available. The Hotel is a 5 minute walk from Chelmsford Railway station.)

The cost of the conference (including lunch) is £60.

The keynote speaker is David Torevell who will be looking at cultural influences on the emergence of anxiety in a secular age. Our second speaker is Roisin McEvoy from the Anna Freud National Centre for young people and families, who will be speaking on emotionally based school avoidance.

The topics to be covered will include:

- Catholic Theological traditions and mental health
- Mental health and young people
- Sharing good practice from a range of Diocesan schools.



9:30am-9:55am:	Arrival and coffee
10:00am-10:10am:	Welcome & opening prayer
10:10am-11:10am:	Session 1—David Torevell
11:10am-11:30am:	Coffee
11:30am-12:30pm:	Session 2—Anne Freud Centre
12:30pm-1:30pm:	Lunch
1:30pm-2:45pm:	Sharing good practice
2:45pm-3:00pm:	Closing remarks

To register for this conference, please use this [link](#).