# Looking Forward



26<sup>th</sup> February 2023: In the Gospel of Matthew, Jesus says : "The Lord your God, shall you worship and him alone shall you serve."

## Looking Forward in Charity

This Sunday was the First Sunday of Lent.
Following on from Ash Wednesday and the gospel of the temptations have you spent some time thinking about your Lenten practices.
If you haven't done so already, make a commitment for prayer, fasting, and almsgiving.
If your choices don't seem challenging, consider changing them to something a little more difficult.

Don't set yourself up for failure though. Your Lenten promises should be challenging, but not impossible.

### Lenten thoughts

Fast from anger and be filled with patience. Fast from pessimism and be filled with love.

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#### Saints Philip Evans and John Lloyd

They were executed during the reign of King Charles II for being Catholic priests.

Philip Evans was a Jesuit and John Lloyd a secular priest. They were arrested because of a priest hunter called Edward Turbeville, Evans was caught in the house of Turbeville's brother. They were taken to Cardiff Goal, tried in May 1679, and found guilty of treason. They were executed on the same day on 22<sup>nd</sup> July 1679.





"Ask the Lord to give us the grace to be merciful to those who do us wrong." (Pope Francis, World Youth Day - 2016)

## St Teresa of Calcutta and the Missionaries of Charity



Mother Teresa (St Teresa of Calcutta) born in Skopje Albania in 1910. She became a nun and joined the Sisters of Loreto in Ireland to learn English and become a missionary in India. She took her vows in Calcutta and became a teacher but the extent of poverty troubled her. In 1950 she received papal permission to establish the Missionaries of Charity who would care for "the hungry, the naked, the homeless, the crippled, the blind, the lepers, all those people who feel unwanted, unloved, uncared for throughout society, people that have become a burden to the society and are shunned by everyone". In her life she received numerous awards including the Nobel Peace Prize in 1979. She died in September 1997.



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