

# Looking Forward

## Looking Forward in Charity



26<sup>th</sup> March 2023:  
The Gospel of John :

“I am the Resurrection and  
the life.”

The Lenten thought for this week suggests we  
fast from words and be silent as we listen.

It is very difficult with all the technology that  
surrounds us to ever have true silence.

Give yourself an opportunity to listen to the  
word of God without other distractions.

Spend a few moments contemplating in silence  
and reflect on what Lent and Easter means to  
you.



**Yen agya a wowo soro**



**St John Rigby** (ca. 1570 – 21 June 1600)

He was a layman who was executed during the reign of Elizabeth I. He worked as a steward for the Huddleston family and was questioned about his beliefs. He admitted he was a Catholic and was sent to Newgate prison. Twice he was given the chance to recant, but twice refused. He told the judge that his sentence for treason "is the thing which I desire". As the sentence was carried out he gave the executioner who helped him up to the cart a piece of gold, saying, "Take this in token that I freely forgive thee and others that have been accessory to my death." His execution was very barbaric.

“Fast from words and listen in silence.”

(Attributed to Pope Francis)



**Sr Tarsykia Matskiv**

The Servant of God Sr Tarsykia Matskiv was born on 23 March 1919 in the village of Khodoriv, Lviv District (now a city in Ukraine). On 3 May 1938 she entered the Sister Servants of Mary Immaculate. After professing her first vows on 5 November 1940, she worked in her convent. Before the Russian arrival in Lviv during World War II, Sr Tarsykia made a private oath to her spiritual director, Fr Volodymyr Kovalyk O.S.B.M., that she would sacrifice her life for the conversion of Russia and for the good of the Catholic Church. The Russian army was determined to destroy the monastery. On the morning of 17 July 1944 at 8 a.m., a Russian soldier rang the convent door. When Sr Tarsykia answered the door she was shot without warning and died.

**Let us pray for Ukraine and Russia.**



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