

# Looking Forward



Looking Forward  
as sisters and brothers



30<sup>th</sup> April 2023  
6<sup>th</sup> Sunday of Easter  
In the Gospel of John,  
Jesus tells us:  
“If you love me,  
you will keep my  
commandments.”



✠ ✠ ✠ ✠ ✠        “ Wə-Tse ni yoo ηwei!”        ✠ ✠ ✠ ✠ ✠

**HOLY MARTYRS OF ENGLAND AND WALES**  
Alban was a citizen of Verulamium who took in a Christian priest, fleeing the Roman persecution of Christians. The priest so impressed Alban that he accepted the Christian faith, exchanged clothes with him and helped him escape. He was the first English martyr.



The Ascension of the Lord  
Thursday 18<sup>th</sup> May

“Life is not made for roaming  
aimlessly through.”  
- Pope Francis, Papal address, 2014



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