

Looking Forward



11th June 2023
Feast of the
Body and Blood
of Christ

In John's Gospel,
Jesus says :
"I am the
living bread."



Looking Forward TOGETHER

The month of June is traditionally devoted to the Sacred Heart.



The miraculous medal shows
the Sacred Heart crowned with thorns.



The Immaculate Heart of Mary also appears on the medal, next to the Sacred Heart, but is pierced by a sword rather than being crowned with thorns. The M on the medal signifies the Blessed Virgin at the foot of the Cross when Jesus was being crucified.

The prayer 'O Sacred Heart I place all my trust in thee' is often said.

Placing our trust in Jesus is something we can all do.

Tatăl nostru în ceruri care ești în ceruri

Feasts of the Sacred Heart of Jesus and the Immaculate Heart of Mary

The **Most Sacred Heart of Jesus** is where the heart of Jesus Christ is viewed as a symbol of "God's boundless and passionate love for mankind". Pope John Paul II explained the theme of unity of Mary's Immaculate Heart with the Sacred Heart. In his Angelus address on 15th September 1985, John Paul II coined the term *The Alliance of the Hearts of Jesus and Mary*, and in 1986 addressed the international conference on that topic held at Fátima, Portugal.

"Hear God's voice resounding in your heart through the breath of the Holy Spirit." (Pope Francis, *Letter to Young People* 2018)



DIOCESAN PILGRIMAGE TO LOURDES, JULY 2023

The Cachot

This was where St Bernadette moved due to her father having no money. It was an ancient prison until 1824, one single dark and cold room of 16 square metres. The family lived there until the autumn of 1858. It was from there, on the 11th February 1858, that Bernadette went to the "Massabielle" Cave to collect bones and dry wood where she first saw the Virgin Mary. She was to see Our Lady 18 times.



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