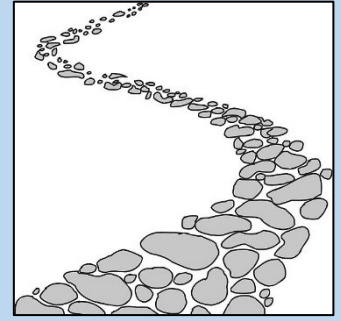


WALKING THE PATH



Walking the Path ... of Gratitude

Thank you, Lord, for the blessings you have bestowed on my life. You have provided me with more than I could ever have imagined. You have surrounded me with people who always look out for me. You have given me family and friends who bless me every day with kind words and actions.

7th January 2024
Epiphany
In Matthew's Gospel, we hear :
"They were gladdened by a very great joy."



Prayer Intention : Being Open to the Word of God

PLACE OF PILGRIMAGE : Jerusalem



The Aedicule

The Aedicule (from the Latin for "little house") is a small structure within the Church of the Holy Sepulchre, enclosing the remains of a cave that has been venerated since at least the fourth century A.D. as the tomb of Jesus.

St Aelred of Rievaulx

Aelred (1109 – 1167) was born in Hexham and eventually became abbot of the Cistercian abbey of Rievaulx, the imposing ruins of which can still be visited in North Yorkshire. He is the patron saint of friendship. In one of his many writings, the treatise *On Spiritual Friendship*, he wrote that "God is friendship ... he who lives in friendship, lives in God, and God in him."



ST. AELRED

Aelred viewed Jesus as the source of friendship. Be thankful for friendship!



"Jesus is the path, and we are going to walk with him."

- Pope Francis, *World Youth Day 2023*



J. Adams, Secondary Religious Education Adviser,
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