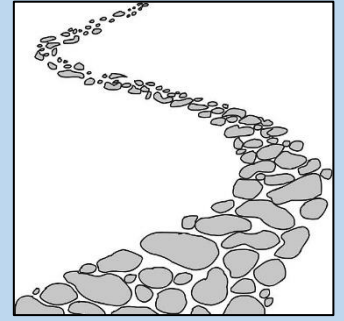


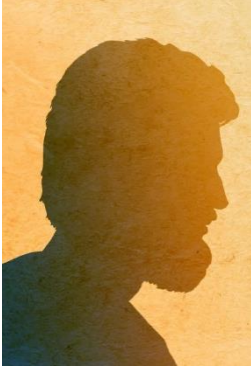
# WALKING THE PATH



## Walking the Path ... of Gratitude


On that day, you will say :  
I give you thanks, O Lord;  
God indeed is my salvation;  
I am confident and unafraid.  
For the Lord is my strength and my might,  
and he has been my salvation.  
With joy you will draw water  
from the fountains of salvation,  
And you will say on that day:  
give thanks to the Lord, acclaim his name.  
(Isaiah 12 : 1-6)

**4<sup>th</sup> February 2024**  
5<sup>th</sup> Sunday in  
Ordinary Time  
In Mark's Gospel,  
his friends tell  
Jesus :  
"Everyone is  
looking for you."




## Prayer Intention : For Victims of Human Trafficking

**PLACE OF PILGRIMAGE : Jerusalem**



Set against the Mount of Olives, the Catholic Church of All Nations was built in 1924 in the neo-Byzantine style on the ruins of two previous churches. It contains mosaics representing the 12 nations that helped to fund it. The church is actually built within the Garden of Gethsemane.

**St Josephine Bakhita**  
(1869-1947) was born in Darfur in Sudan, captured by slave traders at the age of 7 and repeatedly sold and brutally treated. She was fortunate to be given into the care of the Canossian nuns in Venice where she encountered Christianity, converted and joined the community. Her personal holiness and her book "My Miraculous Story" were inspirational and continue to inspire today. Canonised in 2000, her feast day is on **4<sup>th</sup> February**.

"Christ is alive and he wants you to be alive!" – Pope Francis,  
*Christus vivit*

