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| <p>Access Officers</p> <p>Access Officers are able to give advice on requirements for accessibility to buildings under the Disability Discrimination Act. Some councils have dedicated officers others offer advice through Building Control or planning offices.</p> <p><u>Essex County Council</u></p> <p>Ring individual councils for advice</p> <table> <tr><td>Basildon District Council</td><td>01268 533333</td></tr> <tr><td>Braintree District Council</td><td>01376 552525</td></tr> <tr><td>Brentwood Borough Council</td><td>01277 312500</td></tr> <tr><td>Chelmsford Borough Council</td><td>01245 606606</td></tr> <tr><td>Colchester Borough Council</td><td>01206 282222</td></tr> <tr><td>Epping Forest District Council</td><td>01992 56400</td></tr> <tr><td>Harlow Council</td><td>01279 446655</td></tr> <tr><td>Maldon District Council</td><td>01621 854477</td></tr> <tr><td>Southend-on-Sea Borough Council</td><td>01702 215000</td></tr> <tr><td>Tendring District Council</td><td>01255 686868</td></tr> <tr><td>Thurrock Council</td><td>01375 652652</td></tr> <tr><td>Uttlesford District Council</td><td>01799 510510</td></tr> </table> <p><u>London Boroughs</u></p> <p>Barking and Dagenham Stephen Knell Access Officer Building Control Town Hall 1 Town Square Barking IG11 7LU Tel: 020 8215 3000 Fax: 020 8227 5184 Textphone: 020 8227 5755 E-mail: 3000direct@lbbd.gov.uk</p> <p>Havering Council Offices Email: info@havering.gov.uk Tel: 01708 434343</p> | Basildon District Council | 01268 533333 | Braintree District Council | 01376 552525 | Brentwood Borough Council | 01277 312500 | Chelmsford Borough Council | 01245 606606 | Colchester Borough Council | 01206 282222 | Epping Forest District Council | 01992 56400 | Harlow Council | 01279 446655 | Maldon District Council | 01621 854477 | Southend-on-Sea Borough Council | 01702 215000 | Tendring District Council | 01255 686868 | Thurrock Council | 01375 652652 | Uttlesford District Council | 01799 510510 |
| Basildon District Council | 01268 533333 | | | | | | | | | | | | | | | | | | | | | | | |
| Braintree District Council | 01376 552525 | | | | | | | | | | | | | | | | | | | | | | | |
| Brentwood Borough Council | 01277 312500 | | | | | | | | | | | | | | | | | | | | | | | |
| Chelmsford Borough Council | 01245 606606 | | | | | | | | | | | | | | | | | | | | | | | |
| Colchester Borough Council | 01206 282222 | | | | | | | | | | | | | | | | | | | | | | | |
| Epping Forest District Council | 01992 56400 | | | | | | | | | | | | | | | | | | | | | | | |
| Harlow Council | 01279 446655 | | | | | | | | | | | | | | | | | | | | | | | |
| Maldon District Council | 01621 854477 | | | | | | | | | | | | | | | | | | | | | | | |
| Southend-on-Sea Borough Council | 01702 215000 | | | | | | | | | | | | | | | | | | | | | | | |
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| Thurrock Council | 01375 652652 | | | | | | | | | | | | | | | | | | | | | | | |
| Uttlesford District Council | 01799 510510 | | | | | | | | | | | | | | | | | | | | | | | |

Access Officers

Newham
Building Control
East Ham Town Hall
Barking Road
London E6 2RP
Tel: 020 8430 2000

Redbridge
Access Officer
Building Control
Planning
Telephone: 020 8708 2539
Fax: 020 8708 2985
Email: olufunmi.adeoye@redbridge.gov.uk

Waltham Forest
Ruth Goundry
Planning Dept
CMO
6 The Ridgeway
Chingford
London
E4 6PS
020 8496 6230
Email: ruth.goundry@walthamforest.gov.uk

Benefits Advice Lines and Agencies

Most Benefits and Allowances are administered by the Department of Work and Pensions. Included here are the most often needed benefits and allowances for more information go to www.dwp.gov.uk

Attendance Allowance and Disability Living Allowance

Warbreck House
Warbreck Hill
Blackpool
Lancashire
FY2 0YE
Tel: 0845 7 12 34 56 (Lo-call Rate)

Benefit Enquiry Line

Confidential advice and information for people with disabilities, and their carers and representatives, about social security benefits and how to claim them.

Tel: 0800 88 22 00 (Free)

Textphone: 0800 24 33 55 (Free)

Bereavement benefits

Jobcentre Plus deals with these benefits.

Carer's Allowance Unit

Palatine House
Lancaster Road
Preston
Lancashire
PR1 1HB
General enquiries about Carer's Allowance.
Phone: 01253 85 61 23 (Normal Rate)

Benefits Advice Lines and Agencies

Child Benefit Enquiry Line

Advice and information on Child Benefit and Guardian's Allowance. These benefits are administered by the HM Revenue & Customs.
Tel: 0845 302 1444 (Local Rate)
Textphone: 0845 302 1474 (Local Rate)

Child Support Agency National Enquiry Line

General information and advice about child support matters.
Tel: 0845 7 133 133 (Local Rate)
Textphone: 0845 7 138 924 (Local Rate)

Child Tax Credit

The HM Revenue & Customs deals with Tax Credits.
Tel: 0845 300 3900
Textphone 0845 300 3909

Cold Weather Payments

Jobcentre Plus deals with these payments.

Disabled Person's Tax Credit

The HM Revenue & Customs deals with Tax Credits.
Tel: 0845 300 3900
Textphone 0845 300 3909

Energy Action Grants Agency Partnership Ltd

Managing the Warm Front Grant on behalf of DEFRA. The grants are for heating and insulation. To find out if you qualify, please contact us on:
Tel: 0800 316 6011(Free)

Incapacity Benefit

Jobcentre Plus deals with this benefit.

Income Support

Jobcentre Plus deals with this benefit.

Industrial Injuries Disablement Benefit

Jobcentre Plus deals with this benefit.

Benefits Advice Lines and Agencies

Jobcentre Plus

www.jobcentreplus.gov.uk
Tel: 0800 055 6688
Textphone:0800 023 4888

Jobseeker Direct

The latest job vacancies and help finding the job that is right for you. For anyone who is looking for work.
Tel: 0845 60 60 234 (Local Rate)
Textphone: 0845 60 55 255 (Local Rate)

Jobseeker's Allowance

Jobcentre Plus deals with this benefit.

Maternity Allowance

Jobcentre Plus deals with this benefit.

National Benefit Fraud Hotline

To report suspected benefit fraud.
Tel: 0800 854 440 (Free)
Textphone: 0800 328 0512 (Free)

National Insurance

The HM Revenue & Customs deals with National Insurance.
Tel: 0845 915 7006

New Deal

For information about all the New Deal programmes for jobseekers.
Tel: 0845 606 2626 (Local Rate)
Textphone: 0845 606 0680 (Local Rate)

NHS Patient Services

Help with your NHS charges.
Tel: 0845 850 11 66 (Local Rate)

NHS Direct

For advice on urgent medical problems
0845 6789

Benefits Advice Lines and Agencies

Pension Credit Application Line

To apply for Pension Credit
Phone: 0800 99 1234 (Free)
Textphone: 0800 169 0133 (Free)

Pensions Direct

Tyneview Park
Whitley Road
Benton
Newcastle Upon Tyne
NE98 1BA

General advice if your State Pension, widow's or bereavement benefits are already paid direct into a bank or building society account.

Phone: 0845 301 301 1 (Local Rate)
Textphone: 0845 301 301 2 (Local Rate)

Retirement Pension Forecasting

Information on getting and understanding a State Pension forecast.
Phone: 0845 300 0168 (Local Rate)
Textphone: 0845 300 0169 (Local Rate)

Social Fund

Jobcentre Plus deals with this Fund.

State Pension

The Pension Service deals with pensions.
Tel: 0845 60 60 265
Textphone: 0845 60 60 285

Sure Start

Jobcentre Plus deals with this payment.

Tax Credits Helpline

The HM Revenue & Customs deals with Tax Credits.
Tel: 0845 300 3900
Textphone 0845 300 3909

Benefits Advice Lines and Agencies

Vaccine Damage Payments Unit

Palatine House
Lancaster Road
Preston
Lancashire
PR1 1HB
Advice on Vaccine Damage Payments and to check the progress of your claim.
Tel: 01772 89 99 44 or 01772 89 97 56 (Normal Rate)
Textphone: 01772 89 94 89 (Normal Rate)

Vehicle Excise Duty Exemption

Tel: 0845 712 3456
Textphone: 0845 722 44 33

Veterans UK

The Veterans UK deals with war pensions.
Free Veterans Helpline 0800 169 22 77

War Pensions

The Veterans UK deals with war pensions. Free Veterans Helpline 0800 169 22 77

Winter Fuel

For information about Winter Fuel Payments, a claim form or to report a change in your circumstances.
Phone: 0845 9 15 15 15 (Local Rate)
Textphone: 0845 601 5613 (Local Rate)

Working Tax Credit

The HM Revenue & Customs deals with Tax Credits. Tel: 0845 300 3900
Textphone 0845 300 3909

Children's Services

Brentwood Catholic Children's Society

Offers help and support for children and families across the diocese.

Childcare House
Little Wheatley Close
Rayleigh
Essex
SS6 9EH
Tel: 01268 784544

Childline

Tel: 0800 1111

Child Poverty Action Group

CPAG provides information about low-income families and the policies that affect them. We monitor official poverty statistics and carry out research, providing evidence of the shortcomings of the social security and tax credits systems in regular briefings to government ministers, MPs and the general public. We comment on any proposed policy changes likely to affect low-income families with children. We are often asked by journalists to comment on new initiatives or developments.

Contact CPAG:

Tel: 020 7837 7979
Fax: 020 7837 6414
Email: staff@cpag.org.uk

Children In Need

BBC Children in Need positively changes the lives and prospects of children and young people living in the UK who have suffered hardships, difficulties or disadvantages of some kind.

England and general helpline
PO Box 1000
London
W12 7WJ
Tel: 020 8576 7788

Children's Services

HCPT

Oakfield Park
32 Bilton Road
Rugby
Warwickshire
CV22 7HQ
Tel: 01788 564646
Fax: 01788 564640
E-mai: hq@hcpt.org.uk
Website: www.hcpt.org.uk

Make A Wish Foundation

The mission of Make-A-Wish International is to create hope and happiness for children with life-threatening illnesses around the world.

329/331 London Road
Camberley, Surrey GU15 3HQ
Tel: 01276.405060
Fax 01276.405061
<http://www.make-a-wish.org.uk/>

NSPCC

Services for children, young people and families
We run services for children, young people and their families throughout the UK and the Channel Islands
Advice Line
0808 8005000

Save the Children

Save the Children fights for children in the UK and around the world who suffer from poverty, disease, injustice and violence. We work with them to find lifelong answers to the problems they face.
1 St. John's Lane
London
EC1M 4AR
Tel: 020 7012 6400

Counseling Services

WHCM

(West Ham Central Mission)

We are a Christian charity working with children, young people and adults to meet a range of mental and emotional health needs by providing high quality, professional, accessible and responsive services for people of any faith or none. WHCM is Accredited by The British Association for Counselling and Psychotherapy. Counselling for children, young people, adults, couples and families.

East London:

Forrest Counselling Service,
63 Rowntree Clifford Close
Liddon Road
London
E13 8AB
Tel: 020 7473 4060

Basildon:

Bridge Counselling Service
Bodey House
Church Walk
Basildon
SS14 1WW
Tel: 01268 822800

Chelmsford

Sycamore Counselling Service
Sadlers House
2 Legg Street
Chelmsford
CM1 1AH
01245 359353

Counseling Services

Marriage Care

Professionally trained counselors offer counseling for those with marital and relationship difficulties. They also run short courses for couples preparing for marriage.

Helpline number: 0845 660600

Local centres: Chelmsford 0800 389 3801
Ilford 020 8554 8070
Southend 01702 233344

Careline Counselling Services

Careline aim to relieve mental suffering no matter where you live. Our highly trained counsellors are experienced in supporting you through issues that include bullying, rape, divorce, preparing for death, bereavement, living with critical illness, emotional heartbreak and separation.

National Helpline 0845 122 8622

Samaritans

Samaritans provides confidential non-judgemental support, 24 hours a day for people experiencing feelings of distress or despair, including those which could lead to suicide.

National Helpline 08457 90 90 90

Disability

Association for Pastoral Care in Mental Health

An ecumenical group working towards a better understanding of mental health problems within the community seeks to encourage churches to support people with mental health problems, their carers and families.

St Marylebone Parish Church,
Marylebone Road,
NW1 5LT
01483 538936

Association of Blind Catholics

Enables people with a visual impairment to lead a full and active life within the Church, they offer a cassette talking book library and a monthly Catholic Talking Newspaper, retreats and gatherings.

Mr Paul Questier,
58 Oakwood Road,
Horley, Surrey,
RH6 7BU
01293 772104

Brentwood Diocesan Pastoral Deaf Service

Information about Religious Services in Sign Language, sacramental preparation, education, social welfare, baptisms, marriages, etc.

Co-ordinator Sr Margaret Duffy
803 Chigwell Road
Woodford Bridge
Essex IG8 8AU
Tel: 020 8504 0406
Minicom: 020 8504 0407
Email: bdps@dioceseofbrentwood.org

Disability

Equality and Human Rights Commission

The new commission brings together the work of the three previous equality commissions and also takes on responsibility for the other aspects of equality: age, sexual orientation and religion or belief, as well as human rights. The Equality and Human Rights Commission champions equality and human rights for all, working to eliminate discrimination, reduce inequality, protect human rights and to build good relations, ensuring that everyone has a fair chance to participate in society

3 More London,
Riverside Tooley Street,
London, SE1 2RG
Tele 020 3117 0235
Fax 0207 407 7557

Helpline numbers

0845 604 6610 - England main number

0845 604 6620 - England textphone

0845 604 6630 - England fax

Mon, Tue, Thu, Fri 9:00 am-5:00 pm; Wed 9:00 am-8:00 pm (last call taken at 7:45pm)

Website www.equalityhumanrights.com/

Drug and Alcohol Dependency

Alcoholics Anonymous. (A.A.)

Run support groups for people who are recovering alcoholics. These can be found locally in Essex and East London. They also help the families of alcoholics.

National Helpline

0845 769 7555

www.alcoholics-anonymous.org.uk

Release

Since 1967 Release has provided a range of advice and information services in response to people requiring assistance with matters to do with drugs and the law.

These services were primarily aimed at drug users, their families and friends however, professionals from a wide range of statutory and voluntary agencies have increasingly used them.

Release now offers a range of specialist services to professionals and the public concerning drugs, the law and human rights.

Release

388 Old Street

LONDON EC1V 9LT

Helpline: 0845 4500 215

Administration: 020 7729 5255

www.release.org.uk

Narcotics Anonymous

NA is a non-profit Fellowship of men and women for whom drugs had become a major problem.

We are recovering addicts who meet regularly to help each other stay clean.

The only requirement for membership is the desire to stop using.

Drug and Alcohol Dependency

The information on this site is provided for

- those who think they may have a drug problem.
- for professionals working with addicts seeking recovery.
- for recovering addicts

www.ukna.org

The Addiction Recovery Foundation

The Addiction Recovery Foundation is starting its 17th year of charitable work, responding to the needs of people suffering from addictive disorders and working in partnership to improve the standards of, and access to, treatment and related services. Our aims include the following.

- Providing advice, support and guidance to anyone suffering from addictions or dependencies and to those involved in their care
- The education of health professionals and others working with people with drug and alcohol problems in methods and practices for the prevention of, and recovery from, addictions and dependencies on drugs and alcohol
- To promote and/or assist with the teaching and training of those engaged in the care or treatment of people with addiction or dependency problems
- To conduct and disseminate research into the care and treatment of people with addiction or dependency problems.

www.arfanswer.org

Emergency Planning

ESSEX COUNTY COUNCIL

Emergency Plans and Core Resilience Team
Community Services
Room A103, A Block
County Hall Chelmsford
Essex
CM1 1YS
Tel: 01245 430378
Fax: 01245 430368
Email : emplans@essexcc.gov.uk

LONDON BOROUGHGS

Barking & Dagenham

Roger Brett
group manager emergency planning
Resources Department
Communications Centre
Barking Town Hall
Clockhouse Avenue
Barking
London IG11 7LU
Tel: 020 8594 8356 (24 hours) or
020 8227 3119
Mobile: 07971 111 589
Fax: 020 8227 3470 (24 hours)
020 8227 3296 (Office hours)
Email: roger.brett@lbbd.gov.uk

Emergency Planning

Havering

Charles Thomas
Emergency Planning & Business Continuity Manager
5th Floor, Mercury House
Mercury Gardens
Romford
Essex, RM1 3SL
Tel: 01708 433 206
Fax: 01708 433 208
Mobile: 07950 748 240
Email: charles.thomas@havering.gov.uk

Newham

Dawn Paish
Emergency Planning Officer
Crime and Antisocial Behaviour Dept.
Central Depot
Folkestone Road
East Ham
London E6 4BX
Tel: 020 8552 6810 (Main Contact – 24hr)
020 8552 6810
020 8430 3982
020 8430 6976
Fax: (020) 8470 2553
Email: dawn.paish@newham.gov.uk

Emergency Planning

Redbridge

Derek Hobday
Emergency Planning Officer
Fainan Idris
Senior Emergency Officer
8 Perth Terrace
Perth Road
Ilford
Essex
IG2 6AT
Tel: 020 8708 5520
020 8708 5528
Fax: 020 8708 5521
020 8708 5521
E-Mail: derek.hobday@redbridge.gov.uk
fainan.idris@redbridge.gov.uk

Waltham Forest

Mr Rod Stafford
Senior EP Co-ordinator
Cherry Tree House
Town Hall Complex
Forest Road
Walthamstow
London E17 4JF
Tel: 020 8496 4608
Fax: 020 8503 2015
E-Mail: rod.stafford@walthamforest.gov.uk

Ethnic Chaplaincies and Communities

The list of Ethnic Chaplaincies and Communities falls into two distinct categories, each group being fully part of the Catholic Church.

'Ritual Churches' signifies a Church or Rite, generally Eastern or Oriental, in full communion with the Holy See, but not of the Latin (Roman) Rite (as we in England are Latin Rite). A baptismal certificate from any of these Ritual Churches in communion with Rome has exactly the same status as a baptismal certificate from a Latin Rite Church. The only difference is that in most of the Eastern Rites Confirmation is administered with baptism, i.e. in infancy. Where there may be confusion over the status of baptism reference should be made to the local Catholic Parish Priest or to the Diocesan Chancellor (Monsignor Read). There are of course Churches of the Eastern Rite not in communion with Rome, and these are known as the Orthodox (chiefly Greek or Russian). Children baptised in the Orthodox Churches are not Catholics.

'Ethnic Chaplaincies' signifies groups of Catholics of the Latin (Roman) Rite who worship in a language other than English and who are specifically appointed chaplains to exercise pastoral care. Some of these groups are 'personal parishes', e.g. the Italian Church in Clerkenwell. Again, queries regarding baptismal certificates should be addressed in the first instance to the local Catholic Parish Priest or to the Chancellor.

Ethnic Chaplaincies and Communities

Ritual Churches

Ukrainian Catholic Church Exarchate of Great Britain

Apostolic Exarch Paul Chomnycky O.S.B.M.,
Apostolic Administrator: Fr Benjamin Lysykanch
Cathedral of the Holy Family in Exile,
22 Binney St,
WIK 5BQ
Tel: 020 7629 1534

Belarussian - Byzantine Slavonic Rite

Archpriest Alexander Nadson,
Fr Siarhieij, Stasievich
Marian House,
Holden Road,
N12 8HY
Tel: 020 8445 5358

Iraq – Chaldean Rite

Fr Habib Jajou,
38 Cavendish Avenue,
W13 0JQ
Tel: 020 8997 6370

Lebanese – Maronite Rite

Fr Maroun Audi, Fr Adel Elalam, LMO
6 Dobson Close,
NW6 4RS
Tel: 020 7586 1801

Ethnic Chaplaincies and Communities

Palestinian – Melkite Rite

Fr Shafiq Abouzayd,
46 Sunderland Avenue,
Oxford,
OX2 8DU.
Fr Robert Gibbons,
40 Nethercote Road,
Tackley,
Oxford
OX5 3AT
Tel: 01869 331186
Rev Deacon Richard Downer,
3 Palmer Close,
Redhill,
RH1 4BU
Tel: 01737 778863

Syriac Rite

Fr Nizar Seman,
The Parish House,
Moorhouse Road,
W2 5DJ
Tel: 7229 0487

Syro-Malabar Rite

Fr John Biju,
373 Bowes Road,
N11 1AA
Tel: 020 8361 3172

Ethnic Chaplaincies and Communities

Ethnic Chaplaincies

Albanian

Fr Gary Walsh,
47 Cumberland Street,
SW1V 4LY
Tel: 07791 054137

Brazilian

Fr Oswaldo Arujo,
Fr José-Mario Ribeiro,
St Anne's Church,
Underwood Road,
E1 5AW.
Tel 020 7247 7833

Chinese

Fr Eddie Woo, M.Af.
4 Lady Margaret Road
NW5 4XT
Tel: 020 7485 4023

Congolese Community (SOCOA)

Chaplain: Rev Emile Nkumu,
253 Lavender Place,
Ilford,
Essex IG1 2BE.
Tel: 020 8478 0027

Congolese

Fr Mpati Ne Nzita,
2 Lukin Street,
E1 0AA Tel.
020 7265 0795

Croatian

Fr Drago Berisic,
17 Boutflower Road,
SW11 1RE
Tel: 020 7223 3530

Ethnic Chaplaincies and Communities

Czech/Slovak

Fr Jozef Vojtek,
22 Ladbroke Square,
W11 3NA
Tel: 020 7727 7849

Eritrean Chaplaincy

Chaplain: Rev Kidane Lebasai,
24 Golden Square,
London W1F 9JR.
Tel: 020 7025 1594.

Ethiopian Chaplaincy

Chaplain: Melaku Taffesse
Comboni Missionaries House
16 Dawson Place
Notting Hill Gate
London W2 4TJ.
Email: melakutafesse@yahoo.com

Filipino

Sister Amada Martin, S.S.C.,
8 Ridgdale Street,
E3 2PW
Tel: 020 8980 3017
Fr Agustin Paunon,
c/o 62 Eden Grove,
N7 8EN
Tel: 7607 1867

Fr Cirino Potrido CM
29 Eversley Crescent,
Isleworth TW7 4LR
Tel: 078 323 99427
Fr Serge Magbuana,
2 Routh Road,
E6 5XX.
Tel.: 07789 692953

Ethnic Chaplaincies and Communities

French

Fr Joaquín Fernandes, Fr Christian Andraud,
Fr Jean-Marie Bloqueau, Fr Ed Duffy,
Fr Martin McAnaney, S.M.
5 Leicester Place,
WC2H 7BX
Tel: 020 7437 9363

German

Fr Heinz Medoch,
47 Adler Street
E1 1EE
Tel: 020 7247 3879

Ghanaian Catholic Community

Chaplain: Diocese of Brentwood:
Joseph Baffour,
St George's Presbytery,
132 Shernall Street,
Walthamstow, London E17 9HU.
Telephone: 020 8521 2359

Hungarian

Fr Jozsef Viragh,
62 Little Ealing Lane
W5 4EA
Tel: 020 8566 0271

Irish

Sister Lucy Troy, P.B.V.M.,
50/52 Camden Square,
NW1 9XB
Tel: 020 7482 5528

Ethnic Chaplaincies and Communities

Irish Elderly

Fr Nigel Charles,
50/52 Camden Square,
NW1 9XB
Tel: 020 7482 5528

Irish Prisoners

Fr Gerry McFlynn,
50/52 Camden Square, NW1 9XB
Tel: 020 7482 4148

Italian Mission

Mgr Agostino Gonella, Paolo
197 Durants Rd,
Enfield,
EN3 7DE
Tel: 020 8804 2307

Italian Church

Fr Carmelo di Giovanni,
Fr Andrea Fulco,
Fr Ryszard Wrobel, S.C.A.,
4 Back Hill,
Clerkenwell Road,
EC1R 5EN
Tel: 020 7837 9071

Kerala - Latin Rite

Fr Chacko Panathara, C.M.,
29 Eversley Crescent,
Isleworth,
Middlesex
TW7 4LR
Tel: 077 071 77540

Korean

Fr Jae Hak Lee
2 Ullswater Crescent
SW15 3RQ

Ethnic Chaplaincies and Communities

Latin-American

Fr Jesús Pérez Recio,
Fr Francisco Umendía, OAR,
363 Kennington Lane,
SE11 5QY
Tel: 020 7735 1862

Lithuanian

Fr Petras Tverijonas,
21 The Oval,
Hackney Road,
E2 9DT
Tel: 020 7739 8735

Maltese

Fr Victor Camilleri O.F.M.
47 Alder Street,
E1 1EE
Tel: 020 7247 3879

Mauritius Catholic Community

Chaplain: Rev Jean-Laurent Marie,
27 Milton Road,
Westcliff-on-Sea,
Essex
SSO 7JP.
Tel: 01702 342324.

Nigerian Catholic Community

Chaplain: Rev Albert Ovie Ofere,
The Presbytery,
100a Balls Pond Road,
Kingsland, LONDON N1 4AT.
Tel. 020 7254 4378.
email: albovie@yahoo.com.
Assistant Chaplain: Rev Austin Mbelu.
Email: austinmbelu@yahoo.co.uk

Ethnic Chaplaincies and Communities

Diocesan Co-ordinator for the Pastoral Needs of Polish People in the Diocese.

The Bishop has appointed Father Andrzej Forys, MS, to this role and he is forming a small team to assist in this work. He can be contacted at:

The Presbytery
Howard Way
Harlow
Essex
CM0 2NS
Tel: 01279 426017
Email: harlowolf@dioceseofbrentwood.org

Portuguese

Mgr Jose Vaz Pinto,
6 Minerva Close,
SW9 6NZ.
Tel: 020 7267 9612

Slovene

Fr Stanislav Cikanek,
62 Offley Road,
SW9 0LS
Tel: 020 7735 6655

Roumanian

Fr Robert Constantin Matau,
The Presbytery,
Hay Lane,
NW9 0NG
Tel: 020 8240 4392

Spanish

Fr Ernesto Atanes,
Fr Segundo Peña CM,
47 Palace Court
W2 4LS
Tel: 020 8870 6257

Ethnic Chaplaincies and Communities

Sri Lankan – Sinhalese language

Fr Anthony Nimal Ponweera,
19 Windermere Avenue,
Wembley,
HA9 8SH
Tel.: 020 8209 2549

Tamil language

Fr Eugene Francis,
304 Garrett Lane
SW18 4EH
Tel 020 8870

Sudanese Christian Community

Chaplain: Rev Mark Longa Longwa,
Flat 8, Alexandra National House,
330 Seven Sisters Road,
London N4 2PF.
Tel: 07956 605054.

Togolese Kristia Alliance (Kadodo)

Chaplain: Rev Alex Saba.
Tel 07967 757545

The Ugandan Martyrs' Association (UMA)_Chaplain: Rev

Gerard M. Balinnya, Priests'House,
St Philip's Catholic Church,
Gravel Hill,
Finchley,
London N3 3RJ
Tel: 020 8349 9496.
email: baligema8@yahoo.co.uk

Vietnamese

Fr Paul Huynh Chanh, Peter Li Hanh,
117 Bow Common Lane,
E3 4AU
Tel; 020 7987 3477

Ethnic Chaplaincies and Communities

Zambian Community Association

Chaplain: Rev Felix Phiri,
42 Stormont Road,
London N6 4NP.
Email: felixiphiri@yahoo.co.uk.

Zimbabwe Catholic Community

Chaplain: Rev Athanasius Dzado,
Our Lady of Good Counsel,
Bouverie Road,
Stoke Newington,
London N16 0AJ.
Tel: 020 8800 5250

Furniture Stores

Homestore,

Unit 2, Maryland Industrial Estate,
26 Maryland Road,
Stratford,
LONDON E15 1JW
Tel: 020 8519 6264.

If individuals wish to go to Homestore and purchase furniture they must have the following documentation: "proof of benefits and a tenancy agreement".

They collect and deliver from/to the following boroughs: Hackney, Barking & Dagenham, Islington, Redbridge parts 1&2, Tower Hamlets, Newham, Waltham Forest.

Lighthouse Furniture Project Ltd

(Contact: Brian Darwood)
Unit 27 Tallon Road,
Hutton Industrial Estate,
Brentwood
CM13 1TE.
Tel: 01277 222050.

SVP

The parish SVP conference may have facilities to store and redistribute furniture.

Salvation Army

Local Salvation Army groups may also have facilities to store and redistribute furniture

The Tendring Furniture Scheme

The Tendring Furniture Scheme is a charity that collects donated furniture items to pass on to people on very low incomes

Rocket House
43 Stephenson Road
Gorse Lane Industrial Estate
Clacton-on-Sea
Essex
CO15 4XA
Tel: 01255 476068
Email: tendring.furniturescheme@virgin.net
Website: www.tendringfurniture.org.uk

HIV/AIDS

AVERT,

4 Brighton Road,
Horsham, West
Sussex RH13 5BA.
Tel: 01483 210202.
www.avert.org.uk

CAFOD,

Romero Close,
Stockwell Road,
London SW9 9TY.
Tel: 020 7733 7900.
www.cafod.org.uk

Christian Aid,

35 Lower Marsh,
Waterloo
London SE1 7RL
Tel: 020 7620 4444.
www.christian-aid.org.uk

International HIV/Aids Alliance,

Queensberry House
104-106 Queens Road,
Brighton BN1 3XF.
www.aidsalliance.org.uk

Nofrontiers,

26-28 Lottbridge Drove,
Eastbourne, BN23 6NT
01323 437723.
www.nofrontiers.org

HIV/AIDS

Rain Trust

Rain is a voluntary organisation that provides care and education to those living with, affected by and at risk from HIV.

The London-wide project has a two-fold purpose:

To raise awareness about the reality of living with HIV infection today. This includes clear and up-to-date information about the basics of HIV transmission and psychological and social aspects of living with the virus. Events can be tailored to the needs of a wide variety of groups according to age and ethnic or religious background.

To recruit volunteers to join RAIN in supporting the increasing numbers of people living in the

What we do

- Outreach and Advocacy
- Volunteering and Support
- Peer Support Groups
- Access to Training, Employment and Mentoring.
- Referrals

We refer as well as accept referrals from and to other service providers.

All our services are free and confidential.

The Rain Trust

Canalside House
383 Ladbroke Grove
London
Q10 5AA

Tel/Fax: 020 89641881

email info@raintrust.org.uk

www.raintrust.org.uk

HIV/AIDS

Oxfam

Oxfam House
John Smith Drive
Cowley
Oxford OX4 2JY
0870 333 2700
www.osfam.org.uk

Terrence Higgins Trust

314-320 Grays Inn Road
London WC1X 8DP
Tel: 0845 1221 200.
www.tht.org.uk

Stop AIDS Campaign

The Grayston Centre
28 Charles Square
London N1 6HT
www.stopaidscampaign.org.uk

The following are websites which may have useful information on all aspects of HIV/ADS

AIDSMAP

informative new site, jointly created
by the National AIDS Manual, British HIV Association, and St
Stephen's AIDS Trust.
www.aidsmap.com

AVERT

one of most informative, containing lots of information about HIV -
especially useful because it is focused on the UK
www.avert.org

BBC AIDS Information site

informative and up to date
www.bbc.co.uk

HIV/AIDS

George House Trust

Manchester-based organisation for people affected by HIV in the
North West of England
www.ght.org.uk

Glaxo

now has a website dedicated to HIV care - looks interesting
www.hivcare.co.uk

A Manual for carers of people living with HIV

another very informative UK site
www.hsra.org.uk/carers

National AIDS Trust

excellent website, covering many aspects of HIV/AIDS
www.nat.org.uk

National HIV Nurses Association

visit to find out about this UK organisation
www.nhinva.org.uk

Sheffield Centre for HIV and Sexual Health

another site with information addressing issues around HIV in the
North of England www.sheffhiv.demon.co.uk

Society for the Advancement of Sexual Health information
about this Society - based in Sheffield, and definitely worth a visit
www.sashuk.org.uk

Terence Higgins Trust

has much useful information about HIV and the care of people with
AIDS.
www.tht.org.uk

Housing and Homelessness

Local Authorities have a duty to advise people on all housing problems. They must assess people who are homeless or threatened with homelessness. They must provide housing for most people in priority need, (e.g. people who are under 18, or over 60, seriously mentally or physically sick, pregnant or have the care of young children).

For further help and advice contact the relevant council office below :

Essex Council Offices

Basildon District Council

Homelessness and Housing Advice

The Basildon Centre,
St Martin's Square,
Basildon SS14 1DL
Tel: 01268 294342

Braintree District Council

Housing Services

Causeway House,
Braintree, CM7 9HB.
Tel: 01376 552525

Brentwood Borough Council

Housing Needs Department -

Town Hall,
Ingrave Road,
Brentwood CM15 8AY.
Tel: 01277 312500

Castle Point Borough Council

Housing Advice Service

Health and Housing Dept.
Council Offices,
Kiln Road,
Benfleet, SS7 1TF.
Tel: 01268 882317

Housing and Homelessness

Chelmsford Borough Council

Community Advice Service

Strategic Housing Services,
Civic Centre,
Coval Lane,
Chelmsford CM1 1JE.
Tel: 01245 606229/606336
(Out of hours Tel: 01245 606644)

Colchester Borough Council

Housing Advice

Housing Advice Centre,
PO Box 887,
Town Hall,
Colchester, CO1 1ZG.
Tel: 01206 282560 (reception)

Epping Forest District Council

Housing Needs Dept

Civic Offices,
High Street,
Epping CM16 4BZ.
Phone: 01992 564000

Harlow District Council

Homelessness

Civic Centre,
The Water Gardens,
Harlow CM20 1WG.
Tel: 01279 446379.

Maldon District Council

Housing Services -

Princes Road,
Maldon, CM9 5DL.
Tel: 01621 875742.

Housing and Homelessness

Rochford District Council

Housing Department

Council Offices,
South Street,
Rochford SS4 1BW.
Tel: 01702 546366 (switchboard)

Southend on Sea Borough Council

Housing Advice/Homeless Section

Civic Centre,
Victoria Avenue,
Southend on Sea SS2 6ER.
Tel: 01702 215567 (homelessness)

Tendring District Council

Housing Services

Town Hall,
Station Road,
Clacton on Sea CO15 1SE.
Tel: 01255 425501.

Uttlesford District Council

Housing Department -

Council Offices,
London Road,
Saffron Walden, CB11 4ER.
Tel: 01799 510510.

Housing and Homelessness

LONDON BOROUGHs:

Barking & Dagenham

John Smith House,
Bevan Avenue,
Barking.
Tel: 020 82272536

Havering

Public Advice and Service Centre,
Liberty 2 Shopping Centre,
Romford.
Tel: 01708 432824

NEWHAM

(Newham Homeless Person's Unit does not accept direct referrals. All Enquiries regarding homeless should be made at a Newham Local Service Centre—see below. Local Service Centres are able to refer people to Homeless Person's Unit and Housing Advice Centre).

A List of Local Service Centres is given below:

Canning Town

Local Service Centre,
3 Beckton Road,
E16 4DT.
Tel: 020 8430 200.

Beckton Globe

Local Service Centre,
1 Kingsford Way,
E6 5JQ.
Tel: 020 8430 2000.

Docklands Local Service Centre,

4 Pier Parade,
North Woolwich
E16 2LJ
Tel: 020 8430 2000.

Housing and Homelessness

East Ham Local Service Centre,

Town Hall Annexe,
330-354 Barking Road,
East Ham
E6 2RT.
Tel: 020 8430 2000.

Forest Gate Local Service Centre,

4-20 Woodgrange Road,
Forest Gate
E7 OQH.
Tel: 020 8430 2000.

Green Street Local Service Centre,

403-405 Green Street,
Upton Park
E13 9A8
Tel: 020 8430 2000.

Manor Park Local Service Centre,

685-689 Romford Road,
Manor Park,
E12 5AD
Tel: 020 8430 2000.

Stratford Local Service Centre,

112-118 The Grove,
Stratford
E15 1NS
Tel: 020 8430 2000.

REDBRIDGE

Housing Advice Centre, Homeless Unit,

17-23 Clements Road,
Ilford
Tel: 020 8708 4002/3.

Housing and Homelessness

WALTHAM FOREST

Town Hall
Forest Road
Walthamstow
London E17 4JF
Tel: 020 8496 3000

Housing and Homelessness

HOSTELS and NIGHT SHELTERS

There are many people who are homeless but are not in priority need and their local council has no duty to house them. The following contacts, arranged in alphabetical order of the relevant local authority, may be able to help:

BARKING and DAGENHAM

The Vineries,

1-11 Vineries Close,
Heath Way,
Dagenham,
Essex RM9 5DA.
Tel: 020 78595 8672.
Fax: 0208 517 6296.

BRENTWOOD

Brentwood Foyer,

Chindits House,
Chindits Lane,
Warley,
Brentwood CM14 5LF.
Tel: 01277 202725
Fax: 01277 262777

CHELMSFORD

CHESS

(Churches Together in Chelmsford), NIGHT SHELTER:
23/24 George Street,
Chelmsford CM2 OJU.
Tel: 01245 252410

National Assoc. for the Care and Resettlement of Offenders,

(NACRO), 2nd Floor, Chelmer House,
Springfield Road,
Chelmsford CM2 6JE.
Tel: 01245 606010

Housing and Homelessness

COLCHESTER

Night Shelter,

39-41 Alexander Road,
Colchester.

Tel: 01206 549885.

Opening times: 7.15pm—9am, every night throughout the year.
Sunday's till 10 am.

EMMAUS,

The Warehouse,
Cowdray Avenue,
Colchester.
Tel: 01206 768887.
Fax: 01206 364266.

HARLOW

The Angle,

Fourth Avenue,
Harlow CM20 1DM.
Tel: 01279 431155.
Fax: 01279 306261

NEWHAM

Anchor House Residential and Lifeskills Centre

81 Barking Road,
Canning Town,
London E16 4HB
Contact: Margaret Elsom
Tel: 0207 476 6062
Fax: 020 7511 5078

Email: margaret-elsom@anchorhouseuk.org

118 beds, all single rooms, single male female over 20 without dependents accepted.

Housing and Homelessness

Aram House,

Forest Gate,
London E7.

24 beds for single men and 3 beds for women in shared rooms.
Age 17+.

Referrals must be made via Choral Hall Lifeskills Centre on 020 7511 8377 between 09.30 and 4.30 pm Monday to Friday.

NORTH ESSEX

Braintree Foyer,

St Michaels Road,
Braintree,
ESSEX CM7 1EX

Tel: 01376 343433

Fax: 01376 340044

Salvation Army Resettlement Hostel

New Direction Centre,
David Blackwell House,
25-27 Bocking End
Braintree,
Essex CM7 9AE.

Tel: 01376 553373

Opening times: 24 hours every day 13 Rooms, 1 double

REDBRIDGE

Redbridge Night Shelter

16 York Road
Ilford

Essex

Tel: 020 8514 8958

Contact: Anjula (Manager)

Open from 8pm – 8 am, on a first come first served basis.

Capacity for 18 bedspaces. There is a re-settlement worker and opportunities to join a retraining programme.

Housing and Homelessness

ROMFORD

YMCA, Rush Green Road,
Romford RM7 OPH

Tel: 01708 766211

Fax: 01708 754211

SOUTH ESSEX:

Southend YMCA,

Newlands,
85 Ambleside Drive,
Southend on Sea SS1 2PX

Tel: 01702 301301

Fax: 01702 301000

Southend Night Centre

58 York Road,
Southend on Sea

Tel: 01702 4300690

Open: Monday – Friday 7.30pm – 9 am

Saturday and Sunday 2pm – 9 am

Emmaus Project, Southend.

Not yet operational – in the meantime contact,
“**Emmaus UK**”

Tel 01223 576103

Southend-on-Sea:

Homeless Action Resource Project (HARP) and Serving the Homeless

Valkyrie Road
Westcliff-on-Sea.

Tel 01702 430696

Open: Monday – Friday 10.30 am – 4.30 pm

Housing and Homelessness

WALTHAM FOREST

Waltham Forest Churches Night Shelter,
c/o "Branches" Day Centre,
Meadow House,
740 Forest Road,
Walthamstow E17.
Tel: 0208 509 4687 (During Office Hours)
Tel: 0795 749 3326 (During Shelter Hours)

WALTHAM FOREST CHURCHES (Listed below)

Night Shelter: For the rough sleeper we provide shelter, evening meal, bed and breakfast. Opening times: 8pm to 8 am. Last Admission 9 pm.

You should not arrive before 7.45 pm as you will not be admitted until 8.00 pm. Note, only those with no accommodation will be admitted to the shelter. Do not bring weapons, alcohol or drugs to the Shelter.

Sundays

Leytonstone United Free Church

Fairlop Rd/Wallwood Rd,
Leytonstone
By Allum Medical Centre.

Monday:

Elim Church (formerly St Catherine's)

Hainault Rd/Fairlop Rd.
Leytonstone
(by traffic lights)

Tuesday, Wednesday and Friday:

**Harmony Hall—Truro Road, off high street near Erskine Road
Walthamstow.**

NIGHT EMERGENCY TELEPHONE 8pm-11pm 0795 749 3326

Thursday

St Gabriel's Church, Havant Road just off Wood Street,
Walthamstow.

Housing and Homelessness

Saturday

Leytonstone Methodist Church, by corner of Lister Road and High Road, Leytonstone.

DAY CENTRES

Braintree:

First Stop Drop-in Centre
Unit 29, Bocking End
Braintree, ESSEX
Tel: 01376 346535

Open: Monday, Tuesday, Thursday 10.30 am – 2.30 pm
Friday, 10 am – 2 pm

Colchester:

Open Door, Drop-in Advice and Counselling Centre
Baptist Church
Eld Lane
Tel: 01206 769436

Open: Monday, Tuesday, Wednesday,
Friday, 10 am – 2 pm

Beacon House

90 East Hill
Tel: 01206 761960
Tel: 0800 0186328

Open: Monday, Tuesday, Wednesday, Friday, 10 am – 4 pm
For primary healthcare/medical care, life skills programme,
counselling, etc

Redbridge:

Iford Drop-in Centre
SS Peter & Paul Church
342 High Road, Iford IGI IQP
Tel: 0208 478 0583

Opening times: Sunday afternoons throughout the year

Housing and Homelessness

Waltham Forest

YMCA Branches Day Centre—Monday-Friday 10am—2pm,
Meadow House,
740 Forest Road, (next to Thorpe Coombe Hospital) Waltham
Forest.

YMCA Christian Kitchen a free hot meal every evening served at
about 8pm at Mission Grove, Walthamstow.

Hospices and Care Homes

Chelmsford Hospice
'Farleigh'
North Court Road
Broomfield
Chelmsford
CM1 7FH
Tel: 01245 457300

Fair Havens Hospice
126 Chalkwell Avenue
Westcliff-on-Sea
SS0 8HN
Tel: 01702 344879

Little Havens Children's Hospice
Daws Heath Road
Benfleet
SS7 2LH
Tel: 01702 56645

St Clare's Hospice Centre
Stone Barton
Hostingwood Road
Hastingwood
Harlow
CM17 9JX
Tel: 01279 773700

St Clare's Day Hospice
Bentalls Complex
Colchester Road
Haybridge
Maldon
CM9 7GD
01621 857727

Hospices and Care Homes

St Francis Hospice
The Hall
Broxhill Road
Havering-atte-Bower
RM4 1QH
Tel: 01708 753319

St Helena Hospice
Barncroft Close
Highwoods
Colchester
CO4 9JU
Tel: 01206 845566

St Helena Hospice
Tendring Centre
Jackson Road
Clacton-on-Sea
CO15 1P
Tel: 01255 221222

St Luke's Hospice
Fobbing Farm
Nethemayne
Basildon
SS16 5NJ
Tel: 01268 524973

The Margaret Centre
Whipps Cross Road
Leytonstone
London E11 1NR
Tel: 020 8539 5522

Hospices and Care Homes

The White House
Mallinson Park
Woodford Green
IG8 9LB
Tel: 020 8505 9944

Care Homes and Nursing Homes

Marilac Hospital
Eagle Way
Warley
CM13 3BL
Tel: 01277 220276

St Michael's Convent
93 Marine Parade East
Clacton-on-Sea
CO15 6JW
Tel: 01255 23688

Nazareth House
111 London Road
Westcliff-on-Sea
SS1 1PP
Tel: 01702 345627

Local Authority Contact Numbers

Essex Councils

| | |
|---------------------------------|--------------|
| Essex County Council | 08457 430430 |
| Basildon District Council | 01268 533333 |
| Braintree District Council | 01376 552525 |
| Brentwood Borough Council | 01277 312500 |
| Chelmsford Borough Council | 01245 606606 |
| Colchester Borough Council | 01206 282222 |
| Epping Forest District Council | 01992 56400 |
| Harlow Council | 01279 446655 |
| Maldon District Council | 01621 854477 |
| Southend-on-Sea Borough Council | 01702 215000 |
| Tendring District Council | 01255 686868 |
| Thurrock Council | 01375 652652 |
| Uttlesford District Council | 01799 510510 |

London Boroughs

Barking and Dagenham
Tel: 020 8215 3000

Havering
Tel: 01708 434343

Newham
Tel: 020 8430 2000

Redbridge
Telephone: 020 8708 2539

Waltham Forest
020 8496 3000

Marriage and Family Life

Association of Interchurch Families

Offers mutual help and support to families where husband and wife are of different church allegiances

Contacts for Essex area
Peter and Margaret Minoletti
77 Cherry Tree Rise, Buckhurst Hill,
Essex, IG9 6EZ
020 8505 3883
Email themins@talk21.com

Association of Separated and Divorced Catholics

National Enquiries: 0113 2640638

Diocesan Chaplain Rev Paul Bruxby,
The Presbytery,
Loudoun Avenue,
Barkingside, Ilford,
Essex, IG6 1AU
Tel: 020 8554 3568
Email Barkingside@dioceseofbrentwood.org

Marriage Care

Professionally trained counselors offer counseling for those with marital and relationship difficulties. They also run short courses for couples preparing for marriage.

Helpline number: 0845 660600
Local centres: Chelmsford 0800 389 3801
Ilford 020 8554 8070
Southend 01702 233344

Marriage and Family Life

Teams of Our Lady

Teams of 4-6 couples meet with a spiritual advisor once a month in each other's homes to help deepen their faith, grow in the love of God and live out their marriage vocation in today's world.

Contact couple:

David and Sue Moncaster

'Thatchers'

Great Waltham

Chelmsford

Essex CM3 1DE

Tel: 01245 362778

Email: sue.moncaster@virgin.net

Website teamsofourlady.org.uk

Central London FertilityCare Centre

Advice and support on all aspects of family planning and women's wellbeing.

Contact

Nicole Parker FCP RN BSc BE DipEd

FertilityCare Practitioner

21A Soho Square

London

W1D 4NR

Tel: 020 7437 0892

Email: info@fertilitycarecentre.co.uk

www.fertilitycarecentre.co.uk

Mental Health

All local councils have services for people with mental health issues. The following websites may also be helpful.

Alzheimer's Society

This is a care and research charity for people with any form of dementia, and their carers.

<http://www.alzheimers.org.uk/>

Carers

For carers, voluntary organisations and others, related to the national strategy for Caring about Carers, and providing useful links.

<http://www.carers.gov.uk/>

Connects

This is a Mental Health and Learning Disabilities portal for news, sharing information.

<http://www.connects.org.uk/>

Department of Health

The Department of Health have a section explaining some common mental health problems

<http://www.dh.gov.uk/>

Mental Health Foundation

This site provides latest news and events on mental health issues and strategies for living with mental distress.

<http://www.mentalhealth.org.uk/>

MIND

MIND is a mental health charity for England and Wales and provides fact sheets and booklets.

<http://www.mind.org.uk/>

Mental Health

NELMHT (North East London Mental Health Trust)

NELMHT provides NHS mental health services in the London Boroughs of Barking and Dagenham, Havering, Redbridge and Waltham Forest.

<http://www.nelmht.nhs.uk/>

Psychnet

This mainly serves professionals working in mental health services but also has links to many useful sites, news and NHS trust information.

<http://www.psychnet-uk.com>

Sainsbury Centre for Mental Health

The centre is affiliated to King's College, to improve the quality of life for people with severe mental health problems.

<http://www.scmh.org.uk/>

Peace, Justice, Solidarity

ACAT

(Action by Christians Against Torture)

ACAT is affiliated to the International Federation of Action by Christians for the Abolition of Torture (FiACAT) in Paris, and is a Body in Association with Churches Together in Britain and Ireland. ACAT's aim is to work, as Christians, for the abolition of torture worldwide. We seek to increase awareness in the Churches and among Christians of the widespread and evil use of torture and the need, for reasons of Christian faith, to campaign for its abolition.

acat-uk

8 Southfield

Saltash

Cornwall

PL12 4LX

Tel: 01752 843417

Email: uk.acat@googlemail.com

Website: www.acatuk.org.uk

ACTSA

Action for Southern Africa (ACTSA) is the successor organisation to the [Anti-Apartheid Movement](#). Since 1994 ACTSA has been campaigning with the people of southern Africa as they strive to build a better future, working for peace, democracy and development across the region.

With the help of our members, ACTSA influences decision-makers in Britain and Europe on policies that affect southern Africa. It keeps the region in the public and political spotlight through lobbying, publication of reports and media work. ACTSA also inspires change and humanitarian relief through direct action in the southern African region.

231 Vauxhall Bridge Road

London

SW1V 1EH

Tel: 020 3263 2001

Fax: +44 (0)20 7931 9398

Email Address: actsa@actsa.org

Peace, Justice, Solidarity

Anti Slavery International

Anti-Slavery International, founded in 1839, is the world's oldest international human rights organisation and the only charity in the United Kingdom to work exclusively against slavery and related abuses. We work at local, national and international levels to eliminate the system of slavery around the world

Thomas Clarkson House
The Stableyard
Broomgrove Road
London
SW9 9TL

Tel: 020 7501 8920

Email: info@antislavery.org

Website: www.antislavery.org

CAAT

(Campaign Against Arms Trade)

is a broad coalition of groups and individuals in the UK working to end the international arms trade. This Trade has a negative effect on human rights and security as well as on global, regional and local economic development.

11 Goodwin Street
Finsbury Park
London N4 3HQ

Tel: 020 7281 0297

Website: www.caat.org.uk

CAP

(Church Action on Poverty)

Church Action on Poverty works with churches in the UK to make concern for poverty a priority.

Central Buildings
Oldham Street
Manchester

M1 1JT

Tel: 0161 236 9231

Website: www.church-poverty.org.uk

Peace, Justice, Solidarity

CARJ

CARJ envisions a Church and a society that affirm, value, respect and celebrate the equality and dignity of all God's people.

9 Henry Road

London

N4 2LH

Tel: 020 8802 8080

Website: www.carj.co.uk

CHASTE

(Churches Alert to Sex Trafficking Across Europe)

is a charity which actively works for the global eradication of Trafficking for Sexual Exploitation, the provision of practical care and support for those who have been trafficked, and the suppression of demand which drives the supply of women girls into the sex markets of Europe.

PO Box 983

Cambridge

CB23 4WY

Tel: 0845 456 35

Website: www.chaste.org.uk

Christian Aid

We work where the need is greatest in nearly 50 countries, regardless of ethnicity, nationality or religion, to meet suffering and stop poverty – whether through providing emergency relief or long-term development

PO Box 100

London

SE1 7RT

Tel: 020 7620 4444

Website: www.christian-aid.org.uk

Peace, Justice, Solidarity

Christian Ecology Link

CEL helps members to understand and relate environmental responsibilities to their faith. Members can then encourage others in their local church to think seriously about these issues.

3 Bond Street

Lancaster

LA1 3ER

Tel: 01524 36241

Website: www.christian-ecology.org.uk

Fairtrade Foundation

Our vision is of a world in which justice and sustainable development are at the heart of trade structures and practices so that everyone, through their work, can maintain a decent and dignified livelihood and develop their full potential.

Suite 204

16 Baldwin's Gardens

London

EC1N 7RJ

Tel: 020 7405 5943

Website: www.fairtrade.org.uk

Housing Justice

Housing Justice is the national voice of Christian action in the field of housing and homelessness. We exist because we believe that human dignity is challenged by the lack of decent housing.

209 Old Marylebone Road

London

NW1 5QT

Tel: 020 7712 7273

Website: www.housingjustice.org.uk

Peace, Justice, Solidarity

Pax Christi

Peace Education Centre

St Joseph's

Watford Way

Hendon

London

NW4 4TY

Tel: 020 8203 4884

Website: www.paxchristi.org.uk

Recycling and Energy Saving

Local authorities are required to recycle a percentage of waste. Contact them for more information on residential and business schemes

Warm Front

Warm Front is the Government's main grant-funded programme for tackling fuel poverty. The scheme was launched in June 2000 and before its name changed to Warm Front, it was called the Home Energy Efficiency Scheme. For more information and to find out if you qualify for free help with insulation and fuel saving services contact

Eaga Partnership
Freepost Warm Front Team
12054
Newcastle Upon Tyne
NE2 1BR
Tel: 0800 316 6011

Carbon Clear

Carbon Clear is a leading London-based organisation that helps its customers and clients to achieve zero impact status. It contains information for businesses and individuals
www.carbon-clear.com

Recycle More

The one-stop recycling information centre. You will find help and advice on all aspects of recycling at home, at school and in the workplace right here Simply click on the links to explore the site or try our brand new search facility.
www.recycle-more.co.uk

ActionAid Recycling

ActionAid Recycling collect mobile phones, printer cartridges and PDAs for recycling to raise funds for the charity Action Aid. Action Aid is a unique partnership of people who are fighting for a better world – a world without poverty.

Recycling and Energy Saving

www.actionaidrecycling.org.uk

envirofone.co.uk

recycling mobile phones for cash and saving the environment.
www.envirofone.com

Many charities have recycling schemes for phones and printer cartridges. These include
Guide Dogs for the Blind, www.guidedogs.org.uk
Tommys (the baby charity) www.tommys.org

Recycling Spectacles

If you no longer need your old spectacles they can be recycled.

Vision Aid Overseas

Unit 12 The Bell Centre
Newton Road
Manor Royal
Crawley
West Sussex
RH10 9FZ
Tel: 01293 535016
Fax: 01293 535026
Email: info@vao.org.uk

World in Sight

is a spectacle recycling and reuse programme that helps older people in developing countries to see more clearly and lead more active lives.

Spectacles can be dropped off at your nearest Dolland and Aitchison Optician or posted to :
World in Sight Appeal,
207-221 Pentonville Road,
London N1 9UZ.

Your local opticians may also know of schemes.

Recycling and Energy Saving

Tools with a Mission

is a Christian Charity sending gifts of good quality tools into many countries. It enables those who receive them to earn a living and change their world.

Headquarters
2 Bailey Close,
Hadleigh Road Industrial Estate,
Ipswich,
Suffolk, IP2 0UD
Tel: 01473 210220

Refugees and Asylum Seekers

Essex Racial Equality Council ,
Pitsea Area Housing Office,
13 Northlands Pavement,
Pitsea, Basildon,
Essex SS13 3DU.
Tel: 01268 465068.
Email: basildon@essex-rec.org.uk

Harmony House,
Clare O'Regan,
Harmony House,
Baden Powell Close, off Goresbrook Road,
Dagenham,
Essex RM9 6XN.
Tel: 020 8526 8200.
Email: enquiries@harmonyhouse.org.uk

Redbridge Refugee Forum
1st Floor, Broadway Chambers,
1 Cranbrook Road, Ilford,
Essex IG1 4DU.
Contact: Rita Chadha,
Tel: 020 8478 4513.
Email: rchadharrf@yahoo.co.uk

Refugee and Migrant Project (RAMP)
66b Sebert Road
Forest Gate
E7 9QH
020 8221 9200

Refugee Council,
240-250 Ferndale Road,
London SW9 8BB.
Tel: 020 7346 6767.
Email: marketing@refugeecouncil.org.uk

Refugees and Asylum Seekers

CHASTE

is a charity which actively works for the global eradication of Trafficking for Sexual Exploitation, the provision of practical care and support for those who have been trafficked, and the suppression of demand which drives the supply of women girls into the sex markets of Europe.

PO Box 983

Cambridge

CB23 4WY

Tel: 0845 456 35

Website: www.chaste.org.uk

The following are solicitors who are experienced in dealing with cases for refugees and asylum seekers.

Duncan Lewis and Co

1 Kingsland High Street

Dalston

E8 2JS

Tel: 0800 740 8508

Tel: 020 7923 4020

Hereward and Foster

145-147 Barking Road

Canning Town

E16 4HQ

Tel: 020 7476 6600

O'Keefe Solicitors

56 Dean Street

London W1D 6AQ

Tel: 020 7440 5111

Dhillon & Co

764 Barking Road

London E13 9PJ

Tel: 020 8471 7884

Social Care Services

Essex County Council

Social Care Direct is the main contact number for anyone wishing to contact Essex County Council Adult Social Care. The operators on this number can offer advice and assistance on services available, and can arrange for an assessment to be carried out for yourself and/or your carer.

Lines are open 8am - 8pm Monday to Friday and 9am - 12 noon on Saturday.

Tel: 0845 603 7630

Tel: 0845 606 1212 (for all out of hours emergency calls)

Email: SocialCareDirect@essexcc.gov.uk

Southend on Sea

Tel: 01702 534400 (Services for Adults)

Tel: 01702 534777 (Services for the Elderly)

Tel: 01702 534495 (Services for Children)

For out of hours calls see Essex Council numbers above

Thurrock

Tel: 01375 652848 (Services for Adults)

Tel: 01375 652868 (Services for the Elderly)

Tel: 01375 252635 (Services for Children)

For out of hours calls see Essex Council numbers above

London Boroughs

Barking and Dagenham

Initial Contact Service

Room 94 Civic Centre

Dagenham RM10 7BN

Tel: 020 8227 2915

Fax: 020 8227 2397

Textphone: 020 8227 2462

E-mail: ics@lbbd.gov.uk

Social Care Services

Havering

Duty and Referral Team
16 Marks Road
Romford
RM7 7AB
Email: duty-referral@haverinq.gov.uk
Tel: 01708 433222
Fax: 01708 433375
Textphone: 01708 433175

Newham

Social Services
35 Vicarage Lane
East Ham
London E6 DQ
Tel: 020 8430 2000 ext 88004

Redbridge

Community Care Advice Centre,
Aldborough Road North,
Ilford,
Essex IG2 7SR
Tel: 020 8708 7333

Waltham Forest

Town Hall
Forest Road
London E17 4JF
Tel: 020 8496 3000 (Waltham Forest Direct)
Fax: 020 8496 1864
Textphone: 020 8496 1820
For emergencies outside office hours please call 020 8496 3000 (Waltham Forest Direct) and ask for the Social Services Emergency Duty Team.

Social Care Services

pact

The Prison Advice & Care Trust (pact) is an independent charity which supports people affected by imprisonment. We work with children and families of prisoners, and with prisoners inside and on release.

pact central office

Postal address:
Suite C5
City Cloisters
196 Old Street
London
EC1V 9FR

Tel: 020 7490 3139
Fax: 020 7490 0755
e-mail: info@prisonadvice.org.uk

Irish Elderly Advice Network

Irish people in East London are being offered a new outreach service by the Irish Elderly Advice Network. Every Thursday from 11am to 1pm a welfare advice surgery is being held at the Durning Hall Centre in Earlham Grove, near Forest Gate tube station. It is initially targeting pensioners within a five-mile radius but hopes to attract clients from surrounding areas over coming months.

The Durning Hall Centre
Earlham Grove,
London
E7 9AB.

The Irish Elderly Advice Network can be contacted on 0207 428 0471.

Women's Refuges

By their very nature Women's Refuges have to maintain their anonymity so the only contacts we have are by telephone. Local authority Social Services may be able to help with contacts or referrals.

Shelter's Helpline

0808 800 4444 – 8am – midnight

National Helpline

0808 2000 247

Redbridge Women's Refuge

07946 872734

CHASTE

(Churches Alert to Sex Trafficking Across Europe)
is a charity which actively works for the global eradication of Trafficking for Sexual Exploitation, the provision of practical care and support for those who have been trafficked, and the suppression of demand which drives the supply of women girls into the sex markets of Europe.

PO Box 983

Cambridge

CB23 4WY

Tel: 0845 456 35

Website: www.chaste.org.uk

The Medaille Trust provides safe housing for the victims of sex-trafficking in the UK. If you know someone who would benefit from this service, please contact either

Elaine Hill:

Tel. 01325 373715

Email: ElaineHill@saintjohnofgod.org.uk

Sister Ann Teresa:

Tel. 02380 233572

Email: annteresa2@tiscali.co.uk

Notes and Additions

Additions or amendments to this directory

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|--|
| Please give the following details |
| Section |
| Information you would like added or amended |

Please return this completed form to
Elisabeth Abbott
Handbook Updates
Cathedral House
Ingrave Road
Brentwood
CM15 8AT

or email: cjsr@dioceseofbrentwood.org